
AAUW VIEWPOINTS

North Hills Pittsburgh, (PA) Branch

Summer Extra Addition

It will be a different summer



Wouldn't it be nice....”

The start of that sentence has led to the beginning of many projects around my house. It has also been the start of some discussions among Branch Board members.

We wondered: **Wouldn't it be nice if our membership continued to grow?**

Our Branch will continue to provide ways for you to develop enduring friendships and to flourish as strong, active women. We need YOU!

Please renew your membership now (see page 2.)

As always, I would encourage all members to become involved with the branch as even a small-time commitment can have lasting impact! Through your efforts, the branch becomes a more impactful resource to us all, our communities, and our profession.

I welcome feedback and ideas from our membership. **We will be sending out a survey via email** asking for your input as we try to plan 2020-2021 year in the era COVID 19.

Wouldn't it be nice if everyone returned the survey?

Wouldn't it be nice to see you all soon?? It would!!

Debbie



WHAT'S HAPPENING IN JULY 2020

Fri, Jul 10 10:30 AM
AAUW 50th Planning Meeting
ZOOM 858 8643 9675

Wed, Jul 15 05:30 PM
AAUW PA State Conversation with
Frances Wolf WEBINAR

You should have received an email to this event. This is the first webinar in a series featuring Speakers from our 2020 Convention. An email will be resent regarding the meeting

Fri, Jul 17 11:00 AM
Lunch Bunch
MEET at North Park Devils Grove 2
(See page 9 for details.)

Fri, Jul 17 04:00 PM
AAUW Happy Hour
ZOOM 883 2363 3738

Mon, Jul 20 07:00 PM
Evening Book Group Planning Meeting
ZOOM 893 4888 0852

Thu, Jul 23 10:00 AM
AAUW Financial Planning Meeting
ZOOM 895 4708 0545

Thurs, Jul 30 10:30 AM
DrivewayPalooza is back!
(See page 9 for details.)

Wed, Aug 12 10:00 AM
AAUW Board Meeting
ZOOM 834 0381 7027

FINAL REMINDER for DUES **RENEWAL 2020-2021!**

If you have not already done so, please renew your **AAUW Membership dues for 2020-2021!**

Please continue to support the AAUW mission of advancing equity for women and for girls.

You can renew online at aauw.org. You will need your membership# and an easy password to enter the Member Database (MSD). Contact me for more information.

Or, you can send your check for the amount of \$100 (\$59-national, \$31-local, \$10-PA) to **Betty Kroniser, 920 Camelot Drive, Pittsburgh, PA 15237.**

Make checks payable to: **AAUW North Hills Pittsburgh Branch. Do not delay!** To ensure that your personal information is included in the branch 2020-21 Directory, dues need to be paid by **August 1, 2020!**

Thank you!
Janis M. Kapadia
Membership VP

DRIVEWAY PALOOZA **FUN AT ANN CARLSON'S** **JUNE 12, 2020**



STORIES RECEIVED SO FAR FOR THE 50TH ANNIVERSARY BOOK

MEMBER	ARTICLE TITLE	MEMBER	ARTICLE TITLE
Sylvia Lynn	Time Flies	Ann Carlson	Telling Our Story Through Photographs
Sylvia Lynn	The International Dinner Group	Ann Carlson	Belonging to AAUW Has Widened My World
Sylvia Lynn	My Time as President	Janice Peischl	Ever Heard of AAUW?
Sylvia Lynn	Fond Memories of my Friend, Lori Heiser	Janice Peischl	IDs - Time to Learn, for Food and Fellowship
Alice Moore	Happy To Belong To AAUW	Janice Peischl	The Russian Dinner
Marcia Coleman	Congratulations and Thank You!	Clare Hoke	Kudos to the Adaptability of AAUW Members
Marcia Coleman	Halloween Comes, But Once A Year	Clare Hoke	A Unique Fundraiser
June Maier	Just What I Was Looking For	Clare Hoke	The Road to Joining AAUW
Jane Depee	Why I Joined AAUW	Judy Sparlin	The Case of the Missing Pilo de Queyo
Jane Depee	What A Thoughtful Husband	Judy Sparlin	Remembrances of State Conventions
Jane Depee	A President's Recollection	Mary Ann Betush	My AAUW Story
Jane Depee	Humorous Recollection from an International Dinner	Deborah Hackney	EXCEPT for Tuesdays
Linda Loewer	So Glad I Took That Class With Louise, And Met Sina!	Donna Martin	Rush Party
Linda Loewer	Leading Great Decisions - Challenging, Enriching, Rewarding	Julie Makuta	Mission Matches Mine
Linda Joy	Remembering Those International Dinners	Joan Killinger	AAUW is a Life-Enriching Organization
Janis Kapadia	My AAUW Membership Story	Joyce Ruzanic	AAUW Remembrances
Deb Rosenfelder	I Can Relate to AAUW's Mission/Philosophies	Cindy Stewart	The Camaraderie of Women Working Together
Sina Murphy	Why I Joined AAUW	Peggy Schmiedecke	Science - Technology - Engineering - Math
Sina Murphy	My Time as President		

If you have not yet written your AAUW story, you still have time!

During these lazy summer days, we all have time to take a minute to jot down our remembrances. Some of the stories submitted so far have only been a few sentences long yet they still convey how meaningful it has been to belong to AAUW. Don't let this be a daunting task. Look at it as an opportunity to reminisce. Tell many short stories. Or write a longer one. There is much to write about. Even us "newbies" still have a "why I joined" story to tell!

In addition to "why I joined" stories, did you help with fundraisers? Did you support STEM? Support our get out the vote initiatives? Were there programs that were especially meaningful to you? Perhaps there were speakers who really inspired you? Fun IPOD stories? Participation in an International Dinner group? Are you in a Bridge group, including how you even right now can still play bridge virtually during this time of social distancing? Were you involved in fashion shows to raise funds for the Education Fund? Favorite books reviewed in Book Group? Hopes for the future of our branch?

Stories no matter how brief when put together with others help to weave a wonderful tapestry of who we are. Have you already written? Write again ☺.

Send your story (or stories) to June Maier, junemaier@gmail.com. Or via regular mail to June at 959 Broad Meadow Drive, Pittsburgh PA 15237. Or call June and tell her your story. She will write it up for you, under your byline, and send it to you for your final review. Call her, (412) 445-5135.

We are going to try and wait until everyone has had a chance to contribute to our branch's 50th Anniversary Book. It's about us! It's about you! It's about an organization that has meant a lot to all of us over the years.

Please write. When the book comes out, you will be glad that you did!

June

AAUW State

Almost all of the state is green as of today. Not anxious to rush out into the world as yet? Here are a few things you can do at home to continue public policy work. Watch for the August Highlights for more information on GOTV and the upcoming election.

GOTV – Get Out the Vote

Here is something you can do to literally get out the vote. Moms Rising has a super easy, high-impact, and **FREE** way for YOU to help get out the vote.

Their goal is to reach **1 million moms who don't always vote and need some extra encouragement! They'll send you, for free, a packet of 10 pre-addressed, pre-stamped postcards along with some quick instructions. All you need to do is write a quick note of encouragement on each and send them back to them in the prepaid return envelope provided. They'll store the postcards until it's time to drop them in the mail before the November 2020 election!**

<https://www.momsrising.org/blog/sign-up-for-10-free-voting-reminder-postcards>

They may send you suggestions about what to write, but here are some you can use if they don't.

- When women vote they change the conversation. Please vote on Nov 3.
- Your Vote, Your Voice. Make sure your voice is heard on Nov 3 by voting.
- When women vote, politicians pay attention to women's needs.
- Please vote in the upcoming election on Nov 3.
- Every vote matters. Be sure yours is counted by voting on Nov 3.

AAUW National

AAUW's 2020 webinar series is helping to keep members connected and inspired throughout this remarkable year. You can log on in real time or watch then at your leisure. This is a great way to stay up to date on what is happening at AAUW.

Family Care Day of Action Tuesday, June 30th

This all-online advocacy day was hosted on the Family Care Act Facebook page <https://www.facebook.com/familycareact/> and featured stories, video messages, a legislator contact campaign, and lots more.

The two guiding themes were:

1. How the lack of a statewide paid leave policy contributes to racial and economic disparities, particularly for Black Pennsylvanians, women, and people with disabilities;
2. How, in light of the COVID-19 pandemic, the Family Care Act would create a statewide paid leave insurance program to help prepare us for health crises of the future, be they public or personal.

Go to the [Facebook Events Page](#), enter the link above, and learn from a panel of experts that included women from the Pittsburgh area.

Two-Minute Activist – AAUW: Empowering Women Since 1881


Your voice can make a difference!

Send emails and texts to your legislators to fight for equal pay, family leave, stopping sexual harassment, equality and more. If you are not already signed up for alerts to be able to take timely action.

www.aauw.org/act/two-minute-activist

Basic Steps the Branch Will Be Taking During The COVID-19 Outbreak When Planning A Face-to-Face Branch Meeting/Event

- Seek advice from and collaborate with local authorities and public health officials, event site for current COVID-19 restrictions and recommendations.
- Require members to stay home if they have any COVID-19 symptoms, including fever, cough, or gastro-intestinal issues.
- Additionally, require attendees to not attend the event if they have been diagnosed with COVID-19, or had direct contact with an individual diagnosed with or suspected to have COVID-19 in the past 14 days.
- Provide access to hand-washing stations with soap and water or hand sanitizer at meeting or events.
- Determine event capacity based on the geometry and physical characteristics of your event. This should include factors like ventilation, and physical distance/density of attendees. La Roche University is going to provide Room Capacity.
- Attendees should cover their nose and mouth with an approved face cover as recommended.
- Per physical distancing guidelines, attendees should stay at least six feet (two meters) from one another, even if they are wearing face coverings.
- Provide culturally appropriate messages and materials to prohibit certain actions like handshakes or high-fives that are common at many events but could facilitate the spread of COVID-19.
- To the extent possible, screen attendees for COVID-19 symptoms. A sign will be posted at the entrance of the room for all meeting.
- Require individuals with visible COVID-19 symptoms, such as a cough, to leave the event immediately, review reporting requirements, and re-assess risk of continuing the event.
- If serving food, consider pre-packaged single-serve options. Follow [WHO](#) and/or the [U.S Food & Drug Administration](#) or your event's location recommendations for COVID-19 food safety. If at La Roche we will follow their policy.
- If an attendee displays symptoms at the event, we will communicate potential exposure to La Roche University or facility and notify all attendees at the event.

<p>This is the first time in history we can save the human race by lying in front of the TV and doing nothing. Let's not screw it up!</p> <p>Remember when we thought we were going to have a bad week because of the time change, full moon, and Friday the 13th? We didn't have a clue!</p> <p>Definition of irony: gas under \$2 a gallon and no place to go.</p> <p>Home schooling going well – two students suspended for fighting, one teacher fired for drinking on the job!</p> <p>In one week, we've seen how healthcare workers, truck drivers and grocery store employees are more im-</p>	<p>portant than athletes, actors and the supposedly famous.</p> <p>All these kids who have been learning Common Core math are about to learn how to "Carry the One" from their new home school teachers.</p> <p>Due to panic buying, Walmart has opened register 3.</p> <p>Pro tip: if you get pulled over, just start coughing.</p> <p>Also highly contagious is kindness, patience, love, enthusiasm, and a positive attitude. Don't wait to catch it from others . . . be the carrier!</p> 
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Mask or No Mask

Wearing a face mask to protect yourself and others during a global health crisis shouldn't need to be a polarizing issue. But the exhaustingly silly battle lines have been drawn. Wearing a mask does not make you weak, scared, or controlled. It makes you considerate. It shows you are educated enough to know you could be asymptomatic.

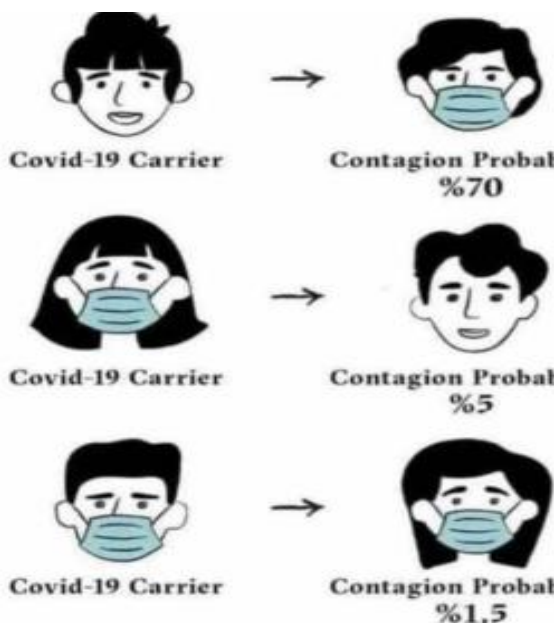
JULY 2020 FINANCIAL REPORT

CHECKING:

Beg Balance	10,853.21
Deposits	624.00
Expenses	<u>(886.75)</u>
Ending Balance	10,590.46

SAVINGS:

Beg Balance	4,834.14
Interest Earned	<u>0.08</u>
Ending Balance	4,834.22



WEAR IT

Happy Hour – June 19th



**Join Us July 17th
for Great Conversation!**

See July calendar, page 2 for details.

Summer Travel Precautions for Staying Healthy Amid Covid -19

It's time to break out and renew the mind and body with a nice, relaxing summer vacation. But how is this possible during a time of social distancing, limits on crowd size, and other pandemic concerns? It will certainly take some extra effort to plan a safe and healthy trip this year, but it can be done. Here are some recommendations to keep you and your loved one's safe.

Pre-trip planning. Before you depart, map out the roadways you'll be taking and the states you'll be passing through — and be aware of any relevant travel advisories. Some states have announced changes to things like toll collection and rest-area food sales. Make sure your destination will be open and what new guidelines they may require of you.

Get your supplies in order. This includes the essentials — bottled water, snacks, medications — but also products for keeping hands and surfaces clean and sanitized. You should pack hand sanitizer, disinfecting wet wipes, disposable gloves, sealable disposable plastic bags and tissues. Good hygiene on the road is much like that at home but requires extra vigilance when it comes to high-traffic roadside stops such as gas stations and public bathrooms. It is suggested that drivers wear disposable gloves while pumping gas, rather than worrying about wiping down the nozzle itself. **Another tip:** Pay for gas with cards, not cash. This eliminates the face-to-face interaction necessary for a cash transaction, and cards — but not cash — can always be cleaned with a disinfectant wipe after use.

Overnight stays. If you plan to stay somewhere overnight, it is recommended that you use your own sanitizing supplies on “high-touch” surfaces in your room. This includes wiping down exterior and interior doorknobs and handles; the TV remote and bathroom fixtures; and any surfaces on which you'll rest your belongings, like tabletops or the area around the bathroom sink. For stays of more than one night, you might want to consider contacting the front desk and asking to forgo housekeeping services, allowing you to control sanitization and limit the number of people who come in and out of your room during your stay.

Stock Up On Essentials. One of the simplest ways to avoid the risk of contracting coronavirus while traveling is to avoid doing the same thing more than once, like trips to grocery stores, fueling up, and hitting up the local Target or Walmart. Think carefully about the length of your trip, consumption rates, your activities, and plan and pack what you'll need in advance, especially essentials like medications, extra dog food if you're traveling with pets, and of course, toilet paper. This might mean pushing the limits of your trunk, stuffing some soft goods under the seats, or strapping an extra case of wine to the roof between the bike racks (we did this), but it will make you as self-sufficient as possible thereby maximizing your social distancing potential.

Pre-Plan Your Activities. There's a good chance wherever you travel to this summer the typical things you'd plan on doing that require close contact with others will be limited in scope, like amusement and theme parks, watersports, casinos and gaming, boardwalks, and even some beaches and parks. Some places may require online reservations and ticketing to enter. So research in advance what you can and can't do wherever you're going, especially if you're traveling with kids, and plan accordingly for your own entertainment. Bring kites, bikes, fishing rods, and golf clubs. Pack board games, puzzles, iPads, and hard drives with extra movies and music when it rains.

And should someone become sick while traveling: Understand Your Health Insurance and Have a Plan. This should go without saying, especially for those traveling with children or anyone already predisposed to contracting coronavirus due to pre-existing conditions or compromised immunities. If you do get sick on the road, understand exactly where and how to get treated immediately. Put a plan in place in advance. Know if you have a PPO or an HMO and what that means. Locate on Google maps where the nearest hospital is and whether they have the capabilities and supplies to treat you. *Thank you, St. Paul's United Methodist Church for the article.*

When You Cannot Get Out To Explore

Don't get me wrong, I love relaxing and doing nothing, but some days I'm itching to do something. I don't want to have that bored mentality all **summer**, and I'm sure other people feel the same. Since most of us are staying at home can you Identify where these places are in Pennsylvania? Answers will be in the August Viewpoints. *Submitted by Debbie*



1. Slip on your hiking shoes when you visit Seven Tubs Nature Area. You'll follow a picturesque trail that clocks in at just under two miles.



2. Sit down to an old-fashioned, family-style meal at Hickory Bridge Farm Restaurant.



3. A short 95 miles from downtown Pittsburgh, this Park takes visitors back to those carefree childhood days. Get your adrenaline pumping on the park's many rides. Play a game of mini golf or head to the authentic boardwalk to eat, to lounge along the beach, or to go boating on the lake.



4. Pack your beach towel when you head to this State Park in Hookstown, a little over 30 miles from downtown Pittsburgh, where you'll discover 500 feet of beautiful sand along Raccoon Lake.



Even though you've settled in at home for the foreseeable future, you can expand your world beyond the confines of your residence with **virtual cultural** experiences that are now being offered online to engage people while they practice social distancing or self-quarantining. Look for emails related to upcoming events.

Lunch Bunch
July 17, 2020
11:00 AM

Ladies, we are going to try meeting at North Park at Devil's Elbow 2 Grove. We picked this grove as it is off the main path, there is a large parking area, and open field and the Grove.

If you want to, just stay in your car in the parking lot, stop by to say "Hello!"
 If you want to, bring a chair to sit in the field.

Bring your own lunch and drink.
 Wear a mask.

Directions to Devil's Elbow2:
 Turn on to Hemlock
 Going toward the pool the Grove is on your right just before you turn in towards the pool.

Please let Anita know if you are going by
 Wednesday July 15th
 Anita

DRIVEWAYPALOOZA
IS BACK!

WHERE: Ann Carlson's driveway.
PLEASE WEAR A MASK.

WHEN: Thursday, July 30, 2020

TIME: 10:30 - 11:30 AM

THEME: Dog Days of Summer

MUNCHIES: Bring your cool drink, not cool dog!

PARTICULARS: Bring a folding chair and an umbrella if it looks like rain. Social distancing will be in effect.

Ann's driveway will limit us to 12 cars, so this will be on a first come first served basis.

Please RSVP Barbara Matthews at 412-841-2495

Lots of rules, but what fun!!!

MONEY TALK TUESDAYS



By Peggy Schmiedecke

The Office of Economic Empowerment (OEE) is a department within the Office of the Treasurer and Receiving General of Massachusetts tasked with supporting, advocating, and facilitating policies that empower all Massachusetts residents. Their programs serve women, families, high school students, veterans, and seniors. Their priorities include closing the wage gap, increasing access to financial education, improving college affordability, and investing in STEM careers and education.

June 30, 2020 Topic - Money Talk Tuesday: A Conversation on Pay Equity in the Time of COVID 19. Ms. Shaita Spruell (OEE) hosted Money Talk Tuesday with Kimberly Churches, CEO of the American Association of University Women (AAUW), Washington D.C.

Kim said in this time of Zoom meetings during COVID 19 men are talking over women. She reminds us to own our voice. Be ready with talking points before attending meeting and don't sit back and think/let someone else talk about a point you want to make. Also during this time we can prepare ourselves for what we need for moving up, identifying skills (explore online learning like Work Smart), know your value and your company's value proposition. This is just a snippet of the hour's discussion and Q & A. I find it is always interesting to listen to Kim. This program is part of the AAUW Network Equity webinar series.

Here's the link to the recording: https://zoom.us/rec/share/4MFFMLrN9kVOR6-dsGWBaP47DKvDaaa82iVP8_dfzErZHP62XGlpNVWgsIpRI-PO?startTime=1593532573000 To register for future Equity Network weekly webinars or find recordings of recent programs go to <https://www.aauw.org/resources/events/equity-network/events/>

MISSION STATEMENT OF AAUW LEGAL ADVOCACY FUND

LAF provides funding and a support system for women seeking judicial redress for sex discrimination.

AAUW MEMBERSHIP

AAUW, founded in 1881, is open to all graduates who hold an associate's or higher degree from a regionally accredited college or university.

AAUW DIVERSITY STATEMENT

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, age, sexual orientation, national origin, disability, or class.

BRANCH CONTACT INFORMATION

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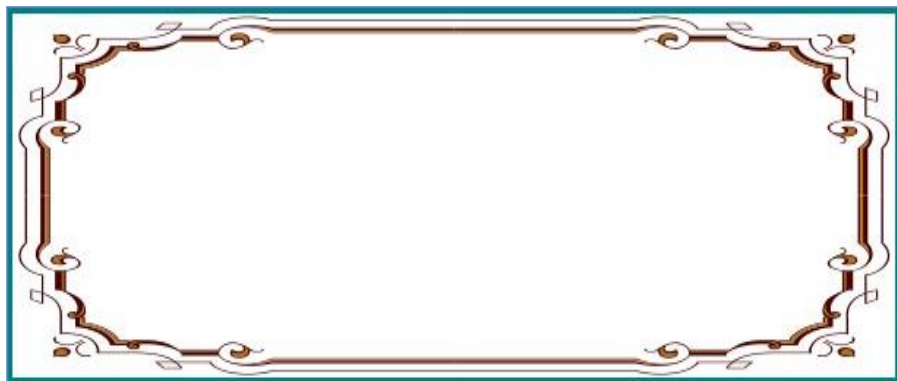
CONNECT2AAUW: 800-326-2289 or connect@aauw.org

National Website: www.aauw.org

State Website: www.aauw-pa.org

Viewpoints

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Because Equity is still an issue