

AAUW VIEWPOINTS

North Hills Pittsburgh, (PA) Branch

November President Updates

By now we've all filled up with leftover Halloween candy and are eagerly awaiting some real fall weather. Our interest groups are thriving and are being well attended. Our October meeting was attended by 32 members as we learned about gun violence. Featured speakers at this meeting were Ron Holleran from Coalition for Safe Community Space and Rob Conroy from CeaseFirePA. The program examined the epidemic level of gun violence in our communities. It focused on what community action groups are doing to fight for common sense gun reform.

November branch activities include our first collaboration initiative with the YWCA of Greater Pittsburgh on their STEM Project. This collaboration was established by STEM Co-Chairs Susan Banerjee and Peggy Schmiedecke. This event will occur on November 16th on the Carlow University Campus. The November branch meeting is scheduled for November 20th, the third Wednesday of November, so as not to conflict with the Thanksgiving holiday. This meeting will take place in the Ryan Room on LaRoche University Campus and will be concerned with Mental Health and Taking Care of You.

Our Greens sale will be wrapping up in November. Members were previously encouraged to purchase greens to benefit the Sister Matilda Kelly Incentive Grant. A special thanks to Sina Murphy for coordinating the greens sale and to all those who purchased greens or donated to the success of this activity. November will also be your last chance to get your AD(s) submitted to Katherine Keith for the AD booklet that supports Great Decisions.

The month of November is a time to reflect on the many people and things for which we are thankful. Looking ahead, there is no branch meeting in December. Our December holiday social will be held on Saturday December 14th at Fresco's. Anita Wurthner will be updating the members on this festive event in the near future. You will be able to bring you check for this event to the November Branch meeting.

May the Holiday season fill your home with joy, your heart with love, and your life with laughter. Wishing you peace, love, and joy this Holiday Season and throughout 2020.



Debbie

November Program

Title: Mental Health and Taking Care of You!

**Wednesday,
NOVEMBER 20, 2019
Location: Ryan Room,
La Roche University**

6:30 p.m. Refreshments/
Social Time

7:00 p.m. Speaker(s)

7:45 p.m. Meeting

Description: To be better advocates for our mission, we need to ensure that we are practicing self-care. This evening's program will focus on mental health, achieving work/life balance, and the resources available to ensure you are healthy and happy.

Bell Ringing for North Hills Community Outreach

By Jan Peischl

North Hills Community Outreach has again requested our help to ring the Salvation Army bells in the end of November and throughout the month of Dec.

Support our neighbors facing hardship and poverty by ringing bells for two-hour shifts at Kuhn's Market in Allison Park or Walmart in Gibsonia. As a service unit, NHCO will receive 90% of the monies collected.

It is more fun to ring with someone, so plan to ask a friend to join you. If not, let me know and I will ring with you. Two-hour shifts are on Thursdays and Fridays from 2-8, Saturdays from 10-8.

Please let me what day or time is best for you and I will sign you up if that slot is not already filled. Or sign up at Kettle Campaign Bell Ringing at Kuhn's.

Remember to wear warm clothes, gloves and scarves, etc. You can bring a folding chair and/or a mat to stand on.

Fun at October Evening Book Group



... discussing the book
Eleanor Oliphant

Holiday Giving Project

The Department of Human Services (DHS) has presented a project to individual donors and/or groups that will provide meaningful holiday gifts to children in families receiving DHS services. These services are related to child maltreatment and homelessness.

One of the suggestions given for meaningful gifts is new books. Below is the list for "Most Wished For Books" provided by DHS. If you would like to participate in this effort, please donate a new book from the list provided. Maripat Kwaczala will be collecting books at the next Branch meeting (November) and will deliver them to the DHS Project Coordinator in time for the holidays.

This is a wonderful community project for our Branch to encourage children to read. If you have questions contact Maripat and/or check out the link: <https://www.alleghenycounty.us/Human-Services/News-Events/Events/Holiday-Project.aspx>

Thanks so much!

MOST WISHED FOR BOOK

5,000 Awesome Facts by National Geographic Kids
 Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst
 Cat in the Hat by Dr. Suess
 Chicka Chicka Boom Boom by Bill Martin, Jr. & John Archambault
 Curious George by H. A. Rey
 Dr. Seuss's ABC: An Amazing Alphabet Book! by Dr. Suess
 Dragons Love Tacos by Adam Rubin
 First 100 Words by Shelly Rapidan
 Full, Full, Full of Love by Trish Cooke
 Giraffes Can't Dance by Giles Andreae
 Go Dog Go by P. D. Eastman
 Goodnight Moon by Margaret Wise Brown & Clement Hurd
 Green Eggs and Ham by Dr. Suess
 Lola at the Library by Anna McQuinn
 Madeline by Ludwig Bemelmans
 Max and the Tag-Along Moon by Floyd Cooper
 Olivia by Ian Falconer
 One Fish Two Fish Red Fish Blue Fish by Dr. Suess

Owl Moon by Jane Yolen
 Pet Show! by Ezra Jack Keats
 The Dot by Peter H. Reynolds
 The Giving Tree by Shel Silverstein
 The Lion and the Mouse by Jerry Pinkney
 The Pout-Pout Fish by Deborah Diesen
 The Rainbow Fish by Marcus Pfister
 The Snowy Day by Ezra Jack Keats
 The Very Hungry Caterpillar by Eric Carle
 The Wonky Donkey by Craig Smith
 Tikki Tikki Tembo by Arlene Mosel
 Where the Wild Things Are by Maurice Sendak

October Lunch Bunch



Quick Reference Calendar

NOVEMBER 1 – 9:30 a.m.,
Morning Walkers Ross Park Mall.
Meet at Food Court

NOVEMBER 4 – 9:30 a.m., 50 in
2020 Committee Home of June
Maier

NOVEMBER 5 – Deadline for
ordering Holiday Greens

NOVEMBER 6 – 6:00 p.m. Board
Meeting Buckman Room, LaRoche
University

NOVEMBER 9 – 6:00-8:00 p.m.
IPODS Home of Janette and Tom
Kohr

NOVEMBER 12 – 9:30 a.m.,
Morning Book Group At the home of
Sandy Brown “Wordwings”

NOVEMBER 15 – 9:30
a.m., Morning Walkers Ross Park
Mall. Food Court

NOVEMBER 15 – 12:30
p.m., Lunch Bunch Bella Frutteta,
Franklin Village 2602 Brandt
School Rd Wexford

NOVEMBER 18 – 7:00 p.m.
Bookers of the Evening Home of
Sina Murphy “Becoming”

NOVEMBER 20 – 6:30 p.m., Branch
Meeting Ryan Room, LaRoche
University

NOVEMBER 28 – Deadline to
donate books for Holiday Giving
Project. See Maripat Kwaczala

AAUW Student Updates

On Tuesday October 22nd the AAUW students club accepted donation for bake goods and breast cancer awareness ribbons. You were able to stop by and write the name of a loved one or survivor of breast cancer. This will be displayed on Campus. The money raised will go to the Mrs. Claus Club to fund comfort care basket to people battling Cancer.



L to R Andiejo Conwell,
Bailee Walker, Kiara
Lodge

A special thanks to
all our members
that supported this
event by baking
treats.

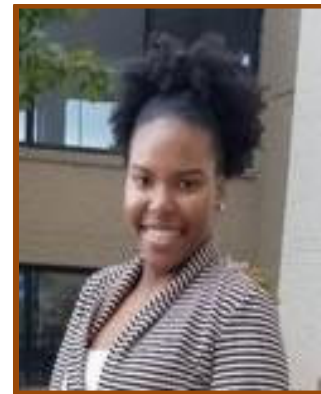


AAUW Student May 2019 Graduate Update

Submitted by Peggy Schmiedecke, AAUW-PA C/U Chair



Seirra Anderson
Started New Job in South Korea
August 19 – ESL Teacher
(English as a Second Language
Teacher)



Alaya Rhymer
Quality Assurance Laboratory
Technician Coca-Cola
Bottling Co., Consolidated,
Baltimore, Maryland Area

GREAT DECISIONS IS COMING
Mark your Calendars now for
February 1, 8, 15, 22, 29 and March 14, 21, 28
9:30 to 11:30 at La Roche University

For you that like a little history, Great Decisions was launched by the Foreign Policy Association (FPA) in Portland, Oregon in 1954. It is America's largest discussion program on world affairs and the programs are held in schools, universities, retirement communities, religious settings, and by community groups. The AAUW North Hills Pittsburgh Branch has been offering Great Decisions programs to the community for over 40 years.

The program varies from group to group but usually consists of face-to-face, active and informal conversations providing participants the opportunity to learn about issues of global importance and to exchange alternative views on the topic. At our sessions we also try to have an expert guest speaker who adds to the topic with information based on their background and experiences.



The FPA provides annually a briefing book that highlights the eight current foreign policy challenges that we will be discussing. This is supplemented by a DVD which we show at each Great Decisions session.

The book will be available after the first of the year at the La Roche library or online for \$30. It is not necessary to purchase the book but the information in the book will help you to better understand the topic.

Registration is not required, there is no charge, just come and be part of the learning community.

The eight topics for 2020 are as follows:

**Climate Change
Northern Triangle**

**India & Pakistan
China in Latin America**

**The Red Sea Region
The Philippines**

**Human Trafficking
AI & Data**

If you have questions, please contact Maryann Anderson.

October 2019 FINANCIAL REPORT

CHECKING:

Beg Balance	\$ 11,514.19
Deposits	\$4,705.00
Expenses	(\$1,521.11)
Ending Balance	\$ 14,698.08

SAVINGS:

Beg Balance	\$4,832.85
Interest Earned	_____ 0.21
Ending Balance	\$4,833.06

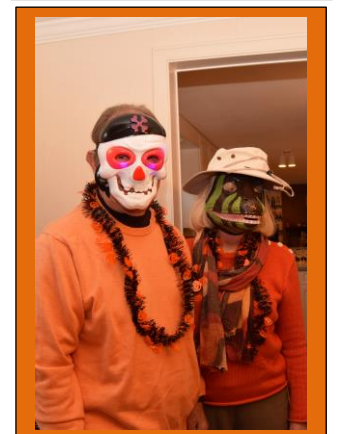
2019 HOLIDAY GREENS SALE

BUT YOU MUST ACT TODAY!

**Due date for orders for the HOLIDAY
GREENS SALE
Tuesday, November 5**

Please call Sina Murphy at 412-418-1415 or
email her at sinamurf@yahoo.com

October IPOD Hosted by Robert & Marcia Coleman



Updates on Branch Efforts Supporting CEDAW

Submitted by Peggy Schmiedecke

AAUW's Public Policy Priorities, adopted every two years by every-member vote, establish the federal action issues on which AAUW members across the country focus their advocacy efforts and guide the work of the national staff. In May 2019, it was stated that ~

We support a strengthened United Nations and its affiliated agencies. We advocate implementation of the Beijing Declaration and Platform for Action from the 4th World Conference on Women and subsequent declarations. We affirm our active participation in the U.N. Commission on the Status of Women and our commitment to ratification of the U.N. Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW). We support international family planning programs that are consistent with AAUW policy.



The branch has been a supporting organization of Pgh4CEDAW for approximately five years under the leadership of Peggy Schmiedecke. The efforts of Pgh4CEDAW resulted in Pittsburgh becoming a CEDAW City and forming the Gender Equity Commission. Additionally, in the last year Linda Tozier and Peggy have been working on the grassroots committee to explore establishing a CEDAW County effort with Allegheny County. The following information will update you on these efforts. Pgh4CEDAW <http://pgh4cedaw.org/>

Here is an article published in the Post-Gazette on the work and UPR reports that has been done. Here is an excerpt; Mayor Bill Peduto **announced this month** that Pittsburgh, second only to New York City, will adopt the U.N.'s Sustainable Development Goals into its practices and policies. The 17 goals include eradicating poverty and achieving racial and gender equity, among others. For more info go to: [Coalition to U.N.: Human rights in Pittsburgh are lagging for people of color, people with low incomes](#) Pittsburgh Post-Gazette 14 October, 2019



CITY OF PITTSBURGH

Gender Equity Commission

The Gender Equity Commission is required by ordinance to conduct a city-wide Gender Analysis in order to identify and plan to overcome systemic gender-based barriers impacting local communities. You can read about their work to date at webpage: <https://pittsburghpa.gov/gec/gec-education-resources>.

The commission is revamping their community engagement process based on responses to the first report "Pittsburgh's Inequalities across Gender and Race" from Black women and femmes in the region.

Exploratory Allegheny for CEDAW Committee 10/1/19 Meeting Update

The results of the meeting resulted in a SWOT (Strength, Weakness, Opportunity, and Threat) analysis to determine where we are and to establish next steps. We are pulling together data to create a brochure to use to seek endorsements and create a website. For a copy of this SWOT Report contact Peggy Schmiedecke.

AAUW North Hills Pittsburgh Branch yearbooks were distributed at the September and October Branch Meetings. The remaining yearbooks have been mailed.

If you do not have your yearbook, please contact Linda Tozier.

**Ready to Run™
Pittsburgh - Chatham
University**

Ready to Run™ Pennsylvania provides non-partisan political training to encourage women to **run** for government leadership positions. The day-long program targets women considering or recently deciding to **run** for political office, providing training and mentoring by campaign professionals, political women, and officeholders.

JANUARY 24, 2020

6:00 PM – 8:00 PM

Ready to Run Pittsburgh Pre-Conference Session:

Women of Color in Pennsylvania Politics

JANUARY 25, 2020

8:30 AM – 5:30 PM

Ready to Run: Campaign Training for Women

REGISTRATION FEE

Early-Bird Registration before

January 3, 2020: \$65

Registration on or after January


4, 2020: \$75

Pre-Conference only: \$15

<https://www.chatham.edu/pcwp/education/readytorun/pittsburgh.cfm>

**Fun Thanksgiving Facts -
Enjoy!**

Thanksgiving by the numbers

presented by Viewpoints 

The ULTIMATE Thanksgiving Pie

- 57%** Pumpkin
- 14%** Pecan
- 9%** Sweet Potato
- Other: 20%

How many people are usually at your Thanksgiving table?

- Less Than 4: 16%
- 4 - 8: 31%
- 8 - 12: 25%
- More than 12: 28%


Top 5 Must-Have Kitchen Items on Thanksgiving Day

1. Double Oven
2. Food Processor
3. Mixer
4. Regular Oven
5. Fryer

48% of people bake their turkeys

1 out of 10 people don't make turkeys on Thanksgiving

Do you start preparing the night before?




■ Yes ■ No ■ I start the week before!

55% think they consume between 2,000 and 4,000 calories on Thanksgiving

however

the average American eats around **4,500 calories** on Thanksgiving


which is equivalent to 14 slices of pumpkin pie



What's one cooking tool your mother used to make Thanksgiving dinner that you've never needed?


Baster
Potato Mixer Electric
Masher
Rolling Hand

How long does it take to make Thanksgiving dinner?



- Less Than 1 Hour
- 2 - 4 Hours
- 5 - 7 Hours
- More than 7 Hours
- Somone else makes it

41% of people make Thanksgiving dinner completely from scratch



This survey was taken by 351 respondents on Viewpoints.com. For more information about this survey, please e-mail us at info@viewpoints.com.

HOLIDAY PARTY FRESCO'S
Saturday, December 14, 2019
11:30 a.m.

This year we are going to Fresco's in Wexford for our Holiday luncheon. They can better accommodate our larger number.

Fresco's
10545 Perry Highway, One Wexford Square
Wexford, PA 15090

You can choose from three plated lunches, which are listed below. All lunches include baked fresh rolls and butter, regular or decaf coffee, or iced tea and dessert.

ENTREES

Roasted Cod--Grilled lemon dill cream
Garlic mashed red skinned potatoes
Mixed artisanal greens salad

Rosemary Chicken --roasted red pepper cream
Garlic mashed red skinned potatoes
Mixed artisanal greens salad

Vegetable Lasagna --tomato cream sauce
Mixed artisanal greens salad

DESSERT

Raspberry Chocolate Mousse

*If you plan to attend, please send your check for \$24.50
with your choice of entree to
Anita Wurthner, 2545 Red Oak Court, Allison Park, PA
before December 2, 2019.*

A 20% service charge/7% sales is added.

We hope you can come!

AAUW Biennial Action Priorities: What YOU Can Do.

Based on the 2018 strategic plan for AAUW, national public policy priorities are focused first on our major areas of focus: education and training, economic security, and leadership. Additional policy priorities are also critical to ensure equity for all. No further order of importance for the additional priorities is implied. AAUW supports:

- A strong system of public education that promotes gender fairness, equity, diversity, and inclusivity, and to address the barriers and implicit biases that hinder the advancement of women and girls.
- Economic security for all women, AAUW advocates.
- Guarantees of equality, individual rights, and social justice for a diverse and inclusive society,

For more information about AAUW's biennial action priorities, please visit the national website at <https://www.aauw.org/policy-priority/public-policy-priorities/>.

Please be an active advocate for the laws and regulations, public or private initiatives or community services that matter most to you. For example:

- Write letters to the editor, your local, state and national legislators
- Volunteer to register voters, drive voters to the polls or run voting sites.
- Attend or sponsor discussion groups and educational programs.
- Be a 2-minute advocate.
- Engage with public policy initiatives in other ways.

Document what you did for the North Hills Branch Annual Report on public policy activities.

Complete the short documentation form below for each activity you do each month.

Email it to our public policy chair, Cora Koller, at photowriter56@veizon.net.

Alternatively, complete the form when you sign in at monthly meetings.

MEMBER NAME	DATE	ORGANIZATION	EVENT/ACTIVITY	YOUR ROLE/WHAT YOU DID

La Roche University is Hosting:

Unraveling the Lie: Inside the Mind of a Modern-Day Mind Hunter

When: Monday, Nov. 25 from 7 to 8:30 pm

Where: Kearns Spirituality Conference Center - Behind the Motherhouse
9000 Babcock Blvd.
Allison Park, PA 15101

Discover what it takes to be a mind hunter within the FBI this November at an event featuring Supervisory Special Agent Robert Ambrosini. **He will discuss:**

- What it takes to be a mind hunter within the FBI
- How to distinguish real-life interrogation from what is fabricated on TV
- How to detect deception within an interview

About the Presenter: FBI Supervisory Special Agent Robert Ambrosini is a subject-matter expert for the FBI's Behavioral Analysis Program and assists in intelligence-related investigations. He has been with the FBI for 21 years, and has worked on a wide variety of cases including white-collar investigations, violent crime and foreign counter-intelligence. As an expert on interviewing, he also has conducted over 2,600 polygraph examinations. In 2006 he joined the Pittsburgh Division of the FBI and has worked many familiar cases, most notably the 2012 armored car guard murder in the Strip District.

Preregister at laroche.edu/FBI

November Dates that are important to AAUW

<i>Nov. 5</i>	<i>U.S. Election day</i>
<i>Nov.20</i>	<i>Latina Equal Pay Day</i>
<i>Nov.28</i>	<i>AAUW's 138th Anniversary</i>

Work Smart: A Free Salary Negotiation Course

This program is coming to Pittsburgh on December 02, 2019 at Brunner Advertising, 11 Stanwix St. Pittsburgh PA 15222. We need your help to spread the word. This workshop will give attendees the confidence and skills to ask for a raise or promotion, or negotiate salary for a new job



Participants learn how to research competitive salaries, articulate their skills, qualifications and experience, and ask for – and get – the pay they deserve.

Go to <https://salary.aauw.org/PA/> for dates, location, and to register.

MISSION STATEMENT OF AAUW LEGAL ADVOCACY FUND

LAF provides funding and a support system for women seeking judicial redress for sex discrimination.

AAUW MEMBERSHIP

AAUW, founded in 1881, is open to all graduates who hold an associate's or higher degree from a regionally accredited college or university.

AAUW DIVERSITY STATEMENT

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, age, sexual orientation, national origin, disability, or class.

BRANCH CONTACT INFORMATION

President: Deborah Rosenfelder	412-916-9073 or rosenfelderd@verizon.net
Program VP: Kelly Clouser	717-283-6344 or kellyclouseraauw@gmail.com
Membership: Janis Kapadia	724-935-7507 or jkapadia@consolidated.net
Viewpoints Editor: June Maier	412-445-5135 or junemaier@gmail.com

Branch Website: <http://northhills-pa.aauw.net>

Branch Email: aaunorthhillspgh@gmail.com

Facebook Page: AAUW North Hills Pittsburgh branch

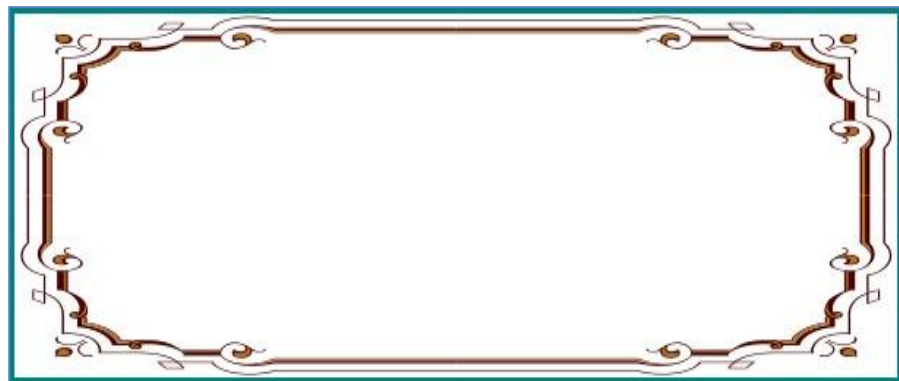
CONNECT2AAUW: 800-326-2289 or connect@aauw.org

National Website: www.aauw.org

State Website: www.aauw-pa.org

Viewpoints

AAUW North Hills Pittsburgh Branch
Linda Tozier, Distribution Manager
31 Oxford Court, Pittsburgh, PA 15237



Because **Equity** is still an issue