North Hills Pittsburgh, (PA) Branch

October President's Updates

Fall is in the air. One of the things I most love about living in Pittsburgh is the change of season. I connect fall with our September branch meeting. The September meeting was attended by 32 members who enjoyed appetizers and desserts provided by the executive and appointed Board members. I so enjoyed meeting and greeting our new members and welcoming back our current members. For our newer members, I hope you got a flavor for the many and varied activities/events we have to offer. What a dynamic interactive September meeting. Members divided up in groups to brainstorm on what is important to them regarding the AAUW. Attendees were given several questions to discuss. Kelly will compile the feedback regarding these discussions and will provide a summary of it at an upcoming meeting.

During our business meeting we passed our new budget. We also discussed several new initiatives we will be working on during the upcoming year.

We were very pleased to meet La Roche senior Addis Miller and to present her with the \$2000 Sister Matilda incentive grant award. Addis is a senior majoring in Psychology and plans to apply to Law school.

We have a full calendar of interesting and stimulating programs scheduled for this year. Our 2019-2020 directories are out. If you have not received your directory please reach out to Linda Tozier. The directory lists dates of all of our planned activities.

Our fall fundraiser was held on October 5th 2019. We had 109 attendees and three stimulating authors. Due to the hard work of our fundraising committee and all of our members the event was a great success. The funds we raise from this event will allow us to sponsor additional programs for students through our partnership with the YMCA and their STEM workshops. They will also allow our branch to explore additional opportunities for AAUW LaRoche students.

Save the date for our holiday social on Saturday December 14^{th.} Due to our large turnout we received last year we have moved the event to Fresco's Restaurant. You will be hearing more in the future from Anita Wurthner regarding this event.

We look forward to another fulfilling and fun year that meets our objectives as an AAUW branch.

Here's to fun and friendship!

Debbie

October Program

Title: Persevering through Tragedy and Taking Action

Wednesday OCTOBER 16, 2019 Location: Ryan Room La Roche University

6:30 p.m. Refreshments/ Social Time 7:00 p.m. Speaker(s) 7:45 p.m. Meeting

Description: Gun violence is at an epidemic level. It has touched communities across the US including our own. The Tree of Life attack/shooting was devastating, but the community came together and showed the world that tragedy would not define our city. Tonight, we will focus on the Tree of Life story and what community action groups are doing to fight for common sense gun reform.

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Wear Pink for Breast Cancer Awareness Month



October is Breast Cancer Awareness Month. National Mammography Day will be celebrated on October 18th. National Mammography Day is observed annually on the third Friday in October as part of National Breast Cancer Awareness Month. This day serves as a reminder to all women that the best defense is early detection. A mammogram can often detect a problem before there is any outward physical sign.

The Morning Walkers

This is a new social group that will meet the first and third Friday of the month at the Food Court at Ross Park Mall at 9:30 am. We will start meeting the third Friday of October. Our first meeting will be on **October 18th.** If you are interested in participating in this event, please let Anita Wurthner or Debbie Rosenfelder know you plan to attend. We will be looking for someone to chair this special interest group.



2019 HOLIDAY GREENS SALE

This is a great opportunity to make your holiday shopping easy, stress-free AND help provide a grant to a deserving LaRoche student. We have again enclosed a greens order form to make it super easy. We do hope you will help make our greens fundraiser a success. **The due date for the orders is Tuesday, November 5**, but hope to see those forms flowing in soon before the rush of the holidays.

If you have any questions, please call Sina Murphy at 412-418-1415 or email her at sinamurf@yahoo.com.

Quick Reference Calendar

OCTOBER 5 – 10:00 a.m. For the Love of Books Fundraiser LaRoche University

OCTOBER 8 – 9:30 a.m. Morning Book Group "Where the Crawdads Sing" Home of Mary Ann Betush

OCTOBER 16 -- 6:30 p.m. Branch Meeting, Ryan Room, LaRoche University

OCTOBER 18 -- 9:30 a.m. Walking Group: Meet at the Food Court at Ross Park Mall

OCTOBER 18 – Happy Hour, location & time TBD

OCTOBER 19 -- 6:00-8:00 p.m. IPODS Home of Marcia & Robert Coleman Costumes welcomed!

OCTOBER 21 – 7:00 p.m. Bookers of the Evening "Eleanor Oliphant is Completely Fine" Home of Ann Carlson

OCTOBER 25 -- 12:30 p.m. Lunch Bunch The Church Brew Works <u>3525 Liberty Ave., Lawrenceville</u>

NOVEMBER 5 – Deadline for ordering Holiday Greens

NOVEMBER 6 -- 6:00 p.m. Board Meeting, Buckman Room, LaRoche University

AAUW Student Updates

The first AAUW student meeting was held on September 19^{th.} Ten new student members were able to attend with several other students interested but unable to attend due to soccer practice. The students selected officers, talked a little bit about the mission of AAUW, and developed some goals for their group. Dr. Michaela Noakes has agreed to be the faculty advisor for the students.

- President: Rachel Licastro
- Vice President: Bailee Walker
- Kiara Lodge: Secretary

Steve Benson, La Roche campus service-learning coordinator, has requested that the AAUW (our branch and/or the student group) plan an activity on campus for Justice for Women Week which is March 23-28. Stay tuned for more information.

SEPTEMBER 2019 FINANCIAL REPORT

CHECKING:		
	Beg Balance	\$9 <i>,</i> 626.03
	Deposits	\$2,216.00
	Expenses	(\$327.84)
	Ending Balance	\$11,514.19
SAVINGS:		
	Beg Balance	\$4,832.65
	Interest Earned	\$0.20
	Ending Balance	\$4,832.85

Friendship Dinner Sponsored by N.O.R.T.H. Neighboring Organizations Responding Together for Hope

> Thursday, October 17, 2019 6:00-8:00 pm

See attached flyer for location & details.

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September Branch Meeting



GREAT DISCUSSIONS! It's all About the Mission and Our Legacy

Where We've Been and Where We're Going





New Ideas Generated for the Future

Speakers Series Pamphlet Request

A toolkit was emailed to all branch members to help with soliciting advertising in our Speaker Series Pamphlet. Much of this money comes from outside our branch and introduces us and our activities to new people. Please consider asking a business you patronize to advertise with us!

> Thanks, Katherine Keith

GREAT DECISONS



Planning ahead is a strength of our AAUW Branch, so now is the time to think about February and the start of our annual **Great Decisions** program. As you may or may not know, Great Decisions is a program developed by the Foreign Policy Association that provides all of us and the local community an opportunity to learn about issues of global importance. Each Saturday morning in February and March we convene at La Roche University for these discussions which are often led by an expert in the topic.

The topics for 2020 were just released and are as follows:

- Climate Change and the Global Order
- India and Pakistan
- Red Sea Security
- Modern Slavery and Human Trafficking
- U.S. Relations with the Northern Triangle
- China's Road into Latin America
- The Philippines and the U.S.
- Artificial Intelligence and Data

To facilitate these meetings, we need eight (8) volunteers who are willing to introduce a speaker and to do some simple tasks like putting up signs and distributing handouts for <u>one</u> meeting only. If you are willing to help our branch in the role of facilitator, please contact Maryann Anderson.

IPOD Recently Hosted by David & Barbara Matthews



October is Domestic Violence Awareness Month. Domestic Violence/Intimate Partner Violence (DV/IPV) is a pattern of behavior that is intended to obtain and maintain power and control over another person in an intimate relationship. Resulting injuries can be emotional, financial, mental, physical, social and/or sexual. DV/IPV is a personal and public health issue that disproportionally impacts women and girls across the lifespan; although anyone can be a victim. Research shows that:

- DV/IPV costs the United States **\$8.3 billion per year** in lost wages and employment, and medical, behavioral health, economic, police, legal services.
- **1:3 women and 1:5 men** experience physical violence by a current or former intimate partner at some time in their lives.
- Nearly 25% of female college students experience rape or sexual assault. The effects haunt them for years; and the cost of 1 rape is \$125,000.
- Nearly **80% of female DV/IPV** victims visit emergency departments for medical complaints, but up to **72%** are not identified as victims of abuse.
- Over 75% of victims who report incidents of abuse to police seek medical care at hospital emergency departments, but most are not identified as victims of abuse.
- **50% of survivors of DV/IPV experience at least 1 traumatic brain injury**. If they experienced 1 early in 2019, the probability of a 2nd this year increased to **60%**. If they had the 2nd, the chance of a 3rd this year is **70%**.
- Because **43% of IPV/DV related homicide victims** experienced non-lethal strangulation prior to the completed homicide, non-lethal strangulation is now a felony in Pennsylvania and many other states.
- The average survivor makes 7 **attempts to leave** the violent relationship; knowing danger increases 3-6 months before leaving and the 6-9 months afterwards.
- The 7th time police respond to DV/IPV call is usually because someone is dead.

What can you do?

Support abuse victims- attend the free opening reception for Crisis Center North's Art Show, Hearing the Whispers and Roars on Friday October 11, 2019 from 7:00 to 9:00 pm at the North Hills Art Center (3432 Babcock Blvd 15237).

Learn more about DV/IPV - visit the Pa. Coalition Against Domestic Violence Website at <u>http://www.pcadv.org</u> or the National Coalition Against Domestic Violence Website at <u>http://www.ncadv.org</u>.

Raise Awareness – share your knowledge and start conversations with family, friends, coworkers and neighbors about DV/IPV and its impact on victims, families and communities.

Volunteer at non-profit organizations that serve victims of abuse – like Crisis Center North, Hearth, Area Agency on Aging and Disabilities etc.

Advocate- make telephone calls or write letters to legislators to support pending state or federal legislation that will benefit victims of abuse.

Sister Matilda Kelly Incentive Grant - 2019 Winner - Addis Miller

In 1974 AAUW North Hills Pittsburgh established an incentive grant to be awarded to a senior at La Roche College. In 1988, the grant was renamed to honor Sr. Matilda Kelly, who was the first College and University Liaison appointed by La Roche. The 2019 Incentive Grant Committee consisted of Jane Depee, Sina Murphy, Debbie Rosenfelder and Linda Tozier. There were 14 applicants for the 2019 grant. It was both an honor and a privilege to award our 2019 Incentive grant to Addis Miller.

Addis Miller was born and raised on St. Thomas, US



Virgin Islands. Addis says that St. Thomas natives are a people of love, resilience and ethics. Addis has a passion for advocacy – she enjoys and appreciates community service opportunities. As a psychology major with a minor in professional writing, her goal is to become an esteemed professional in the field of either law or psychology. She understands the requirements and work that it will take to become a successful Black Caribbean lawyer or psychologist.



Addis strives to make a positive impact in peoples' lives. In both of her college references, Addis was praised for her professionalism, communication and sincere desire to help others. Addis is a peer tutor for students taking Algebra, Practical Computer Applications, Spanish and Multicultural History of th United States. She is a member of the Black Student Achievement Organization, the Psychology Club, the Criminal Justice Club and AAUW (where she served on the executive council and conducted service projec that uplifted women and the entire campus of La Roche University.) In addition to working as a peer

tutor, making significant contributions to four student organizations and working part at Old Navy during school breaks, Addis maintains a 3.7 grade point average. Congratulations Addis!

Submitted by Linda Tozier

Town of McCandless Recognizes Our Branch



Pursue a Fellowship or Grant Now Open Deadlines Range Nov 1 – Dec 1, 2019

Submitted by Peggy Schmiedecke, AAUW-PA College/University Liaison

AAUW National has a wide range of fellowships and grants for



community projects and women pursuing research, certificates or advanced degrees. Fellowship and grant recipients perform research in a wide range of disciplines and work to improve their schools and communities. Their intellect, dedication, imagination, and effort promise to forge new paths in scholarship, improve the quality of life for all, and tackle the educational and social barriers facing women worldwide. AAUW seeks a diverse applicant pool. Could someone you know be in next year's class of AAUW fellows? Encourage them to apply now https://www.aauw.org/what-we-do/educational-funding-and-awards/

Work Smart Online



With a lot of help from AAUW members, AAUW hit a major milestone in our partnership with the Coca-Cola Foundation to teach women everywhere to negotiate effectively. As of August 23, we've trained **102,656** women to ask for the salary they deserve, either through Work Smart Online or in-person workshops.

Work Smart: A Free Salary Negotiation Course

AAUW Pennsylvania is pleased to partner with the Pennsylvania Commission for Women to bring these workshops to the working women of Pennsylvania. AAUW Work Smart is a FREE twohour salary negotiation workshop designed to give women the skills and confidence to advoca te for themselves in the workplace.

Help us spread the word!

Participants learn how to research competitive salaries, articulate their skills, qualifications and experience, and ask for – and get – the pay they deserve.

This program is coming to Pittsburgh on December 02, 2019 at Brunner Advertising, 11 Stanwix St. Pittsburgh PA 15222. We need your help to spread the word. This workshop will give attendees the confidence and skills to ask for a raise or promotion, or negotiate salary for a new job

Go to https://salary.aauw.org/PA/ for dates, location, and to register.

Holiday Giving Project

The Department of Human Services (DHS) has presented a project to individual donors and/or groups that will provide meaningful holiday gifts to children in families receiving DHS services. These services are related to child maltreatment and homelessness.

One of the suggestions given for meaningful gifts is new books. Below is the list for "Most Wished For Books" provided by DHS. If you would like to participate in this effort, please donate a new book from the list provided. Maripat Kwaczala will be collecting books at the next two Branch meetings (October and November) and will deliver them to the DHS Project Coordinator in time for the holidays.

This is a wonderful community project for our Branch to encourage children read. If you have questions contact Maripat and/or check out the link: <u>https://www.alleghenycounty.us/Human-Services/News-Events/Events/Holiday-Project.aspx</u>

Thanks so much!

MOST WISHED FOR BOOKS

5,000 Awesome Facts by National Geographic Kids Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst Cat in the Hat by Dr. Suess Chicka Chicka Boom Boom by Bill Martin, Jr. & John Archambault Curious George by H. A. Rey Dr. Seuss's ABC: An Amazing Alphabet Book! by Dr. Suess Dragons Love Tacos by Adam Rubin First 100 Words by Shelly Rapidan Full, Full, Full of Love by Trish Cooke Giraffes Can't Dance by Giles Andreae Go Dog Go by P. D. Eastman Goodnight Moon by Margaret Wise Brown & Clement Hurd Green Eggs and Ham by Dr. Suess

Lola at the Library by Anna McQuinn Madeline by Ludwig Bemelmans Max and the Tag-Along Moon by Floyd Cooper Olivia by Ian Falconer One Fish Two Fish Red Fish Blue Fish by Dr. Suess Owl Moon by Jane Yolen Pet Show! by Ezra Jack Keats The Dot by Peter H. Reynolds The Giving Tree by Shel Silverstein The Lion and the Mouse by Jerry Pinkney The Pout-Pout Fish by Deborah Diesen The Rainbow Fish by Marcus Pfister The Snowy Day by Ezra Jack Keats The Very Hungry Caterpillar by Eric Carle The Wonky Donkey by Craig Smith Tikki Tikki Tembo by Arlene Mosel Where the Wild Things Are by Maurice Sendak

Viewpoint Articles



We encourage all of our members to submit articles to the Viewpoints. If you have something to include in our newsletter the deadline is the **First Friday of the Month**. Please send to June Maier in word format at junemaier@gmail.com.

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MISSION STATEMENT OF AAUW LEGAL ADVOCACY FUND

LAF provides funding and a support system for women seeking judicial redress for sex discrimination.

AAUW MEMBERSHIP

AAUW, founded in 1881, is open to all graduates who hold an associate's or higher degree from a regionally accredited college or university.

AAUW DIVERSITY STATEMENT

In principle and practice AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, age, sexual orientation, national origin, disability, or class.

BRANCH CONTACT INFORMATION

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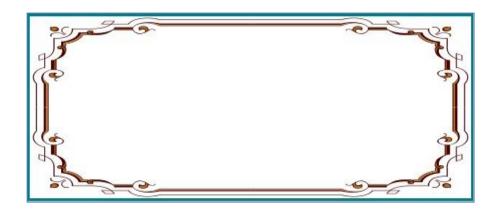
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CONNECT2AAUW: 800-326-2289 or <u>connect@aauw.org</u> National Website: <u>www.aauw.org</u> State Website: <u>www.aauw-pa.org</u>

Viewpoints

AAUW North Hills Pittsburgh Branch Linda Tozier, Distribution Manager 31 Oxford Court, Pittsburgh, PA 15237



Because Equity is still an issue